

AYC Sailing Fleet (continued)

Laser: 12 ft. single sail, single handed boat that can rig with either full sail or "radial rig" for the lighter sailor.

J-22: A full keeled sailboat, 22 ft. with a small outboard on the back to get you in and out of the harbor safely. The cabin has sitting headroom, two sleeping berths, and a comfortable cockpit for up to four adults. It sails with a main and jib, and can fly a spinnaker as well.



Rates and other information

\$80 for two (2) hour session. \$20 charge for each additional person in the boat.

Private lessons are open to AYC Members and non-members. Member (new) sailors must complete at least 20 hours of instruction before they will be considered ready to take any AYC club boat out on their own.

Minimum age for lessons is age 7. Lessons can be arranged by calling the AYC clubhouse at 207-363-8510. We will work with you to find the best time, and the best instructor to match your needs. All lessons must be completed by 6pm in the evening.

In addition to private lessons, AYC offers sailing classes for junior sailors between the ages of 8-18. The classes are 4-weeks sessions in July and August of the summer season. Please see our website at www.AYCSAIL.org for more information.

AGAMENTICUS YACHT CLUB

P.O. Box 534 ★ York Harbor, Maine 03911
www.aycsail.org ★ info@aycsail.org
207-363-8510

*Make this the summer that you
learn how to sail...*

Private Sailing Lessons



Offered by the
Agamenticus Yacht Club
York Harbor, Maine

Private Sailing Lessons

AYC's sailing instructors are available for individually structured private lessons arranged with your sailing goals and time constraints in mind. We use our J-22s, JY15s for adults, and our JY15s, Lasers, Club 420s and Optimist for younger sailors for their lessons.

Private lessons are ideal for an adult who wants to learn how to sail for the first time, or someone who sailed as a youth and wants to get back in to the sport.

Private lessons are also good for a young child who may be uncertain about sailing, to give them a taste of the sport, and build self-confidence before taking regular classes that AYC has to offer.



Practical Skills Taught



Private lessons will include the practical skills: Sailing terminology, rigging, derigging, points of sail (wind direction), turning (tacking and jibing), sailing upwind, by tell tails, rules of the road, basic navigation, anchoring, docking/mooring, man overboard drill, planned departures, reefing, sailing downwind, spinnaker set, radio use, emergency procedures, and 'heave to'.

AYC Sailing Fleet

Optimist Dinghy: 8 ft. sailing prams that are safe, dry, and simple to sail, ideal for teaching new sailors.

JY-15: 15 ft. double handed sailing dinghies that are rugged and easy to sail, with comfortable self draining cockpits, mainsail and jib.

Club 420: 14 ft. double handed sailing dinghies are used primarily by our advanced racing students, but provide a challenging experience for adults as well. Can be sailed by two under mainsail and jib alone, but also allow the use of spinnaker and hiking trapeze as well, for those who "dare to fly".

