

## JUNIOR SAILING PROGRAM



For more than 50 years, the Agamenticus Yacht Club has taught the basics of sailing, seamanship and safe conduct on the water. The AYC Junior Sailing Program focuses on safety, enjoyment and knowledge of sailing. Sailing classes include instruction on water safety, kayaking, rowing, knot tying, nautical rules and terms and sailboat rigging. Occasional field trips and inter-club racing activities add variety and excitement to the program.

The AYC Sailing Program is available to children ages 8 to 18. Instruction takes place in York Harbor, on the York River and in adjacent ocean waters.

## STAFF

AYC has a highly trained staff of US Sailing Certified Instructors. The staff is sensitive to each child's needs and promotes respect for the water and a love for sailing. Class size is limited and coached and supervised by multiple instructors, assuring both safety and fun.

## SAILING FLEET

AYC has five classes of sailboats. Optimist Dinghies are safe, dry and simple sailing prams ideal for teaching new sailors. JY-15's are used for double-handed sailing. Club 420's, Lasers, and J-22's allow more advanced sailors to hone their skills.

## SAILING CLASSES FOR ALL AGES

### CLIPPERS (AGES 8 to 10)

Beginning sailors learn about and become comfortable with boats. The curriculum includes learning fundamental nautical terms, parts of the boat, rigging, finding wind direction, learning to steer with a tiller, water safety, knot tying, and an introduction to local harbor knowledge.

### SCHOONERS: (AGES 9 to 11)

For young sailors who may have some previous sailing experience. The curriculum allows sailors to further develop their understanding of the river and ocean while improving their sailing and kayaking fundamentals including rigging, boat handling, landing and departing the dock, points of sail, reading the weather, seamanship, and water safety.

### CUTTERS (AGES 10 to 13)

This class is designed for intermediate sailors who want to refine their sailing skills. Curriculum builds on the sailing fundamentals learned in the Clipper and Schooner classes but focuses on sailing in more sailing conditions and points of sail. This class allows students to gain experience in single-handed and double-handed boats.

### GALLEONS (AGES 12 to 15)

This class is for sailors who are interested in learning a range of sailing skills including: introduction to navigation, rules of the road, anchoring, mooring and docking techniques, knot tying and splicing. The Galleons class will sail a variety of boats. The Galleons class is for those sailors that want to continue to expand their sailing skills.

## RACING TEAMS

Race Team instruction is designed for junior sailors with demonstrated sailing ability at the intermediate or advanced levels. Instructional content focuses on the development of skills necessary for competitive racing. Shore-based classroom instruction and on-the-water practice drills focus on race tactics, maneuvers and strategy.

### OPTIMIST and 420 RACE TEAMS

Racing Safety - Racing Terminology - Rules of Racing - Sail Trim and Boat Handling for Speed - Starting Tactics - Mark Rounding Strategies - Roll Tacking - Spinnaker Handling - Competitive Spirit and Team Play - Inter-club Regattas

Our **Optimist Race Team** (Ages 10-15) is designed for intermediate or above sailors with a maximum recommended weight of 110 pounds. For increased skill development, Opti Race Team members are encouraged to combine Opti Race Team enrollment with sailing class instruction.

Our **420/Laser Race Team** (Ages 13-18) is for the older and more experienced sailor. A minimum weight of 110 pounds is recommended.

Both Opti and 420/Laser Race Team members will additionally participate, on a rotating basis, in MIRC inter-club racing each Wednesday in July and part of August. The team will also compete in a number of regional regattas.

### ADULT SAILING LESSONS

Our club offers private lessons by appointment for both individual and small groups of adult students. Call the club for more information visit [WWW.AYCSAIL.ORG](http://WWW.AYCSAIL.ORG) or call AYC.

# SUMMER – 2020



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 207-363-8510  
[www.aycsail.org](http://www.aycsail.org) / [info@aycsail.org](mailto:info@aycsail.org)

## Benefits of Membership

**ACCESS to our EXTENSIVE FLEET of BOATS** – AYC has a variety of boats for your use and enjoyment: Optimist Dinghies, Lasers, JY-15’s, Club 420’s, J-22’s, rowing dinghies, recreational kayaks, and a canoe. Please contact AYC to schedule the use of these various craft.

**ADULT SAILING LESSONS** – AYC offers private lessons by appointment for both individual and small groups of adult students and host adult sailing clinics periodically throughout the summer, for groups of up to eight adults. Contact AYC or see our website for more information.

**HARBOR ACCESS** – AYC provides rack storage for a modest fee, on our docks for your personal kayak, canoe, rowing shell or Laser. There is also some dock space available for up to 15’ boats. Please contact AYC for current availability. If you keep a boat of your own on a mooring in the harbor, you may use our floats for loading of gear and passengers. You may also wash down your vessel at our floats, or tie up your dinghy for a couple of hours.

**FAMILY SUPPERS at the YORK HARBOR READING ROOM** – Members of AYC are invited to Family Suppers each Thursday, beginning in June, from 6-9 PM.

### TYPES OF MEMBERSHIP – **Full Membership: \$525**

Includes use of facility, fleet, and participation in all “member-only” activities, for member and his/her immediate family; i.e., spouse and all children up to 23 years old.

**Corinthian Member: \$150** For individuals from age 24 - 30 years - Includes use of facility, fleet, and participation in all “member-only” activities. **Flag Membership \$125**

(Tax-Deductible): This is an inactive, supporting membership. Since AYC is a 501(c)3 non-profit corporation, flag membership dues are fully tax deductible.

## Junior Sailing 2020

Session 1: June 22 to July 17

Session 2: July 20 to August 14

Class:	Days of Week	Times:
Clippers	Mon/Fri	9:00 – 12:00pm
	Wed – Class	9:00 – 12:00pm
Schooners	Tue/Thu	9:00 – 12:00pm
	Wed – Class	9:00 – 12:00pm
Cutters	Mon/Fri	1:00 – 4:00pm
	Wed – Class	1:00 – 4:00pm
Galleons	Tue/Thur	1:00 – 4:00pm
	Wed – Class	1:00 – 4:00pm

### Fees for Clippers, Schooners, Cutters or Galleons

#### Junior Sailing Classes

	Non-Member	Member
Single Session	\$464	\$361
Full Summer	\$700	\$541

## Junior Racing Teams 2020

Racing Team - Full Summer – Jun 22 – Aug 14

Practice:	Days of Week	Times:
Opti Race Team	Tue/Thurs	12:30 – 4:30pm
	Wed	MIRC’s
420/Laser Race Team	Tue/Thur/Fri	12:30 – 5:30pm
	Wed	MIRC’s

### Fees for Racing Team (must be Full AYC Member)

Opti Race Team	Full Summer Only	\$567
420/Laser Race Team	Full Summer Only	\$695

